



# SSH

## Society for Serving Humanity

Working towards the prosperity of our community

Annual Report 2010 - 2011

# Foreword

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Dear friends,

I have great pleasure in presenting the annual report for the year 2010-2011.

This annual report highlights our approach to a positive change in the lives of people and children with HIV/AIDS. It also represents the remarkable impact in the field of education for the disadvantaged children, the steady progress in women's empowerment, their initiatives to generate income and the community's acceptance of our work.

We are also tackling one of the most difficult issues facing communities in the region: HIV/AIDS. It is devastating families. Our programmes enable people to learn about the disease, get them tested and, if they are affected by HIV/AIDS, it provides counselling and support.

One of the greatest successes of our work is that communities from some of the poorest villages are now working hand in hand with SSH to take charge of their concerns and get the support to improve the quality of their livelihoods.

Our successful work wouldn't be possible without supporters like yourself, the Board and staff. I would like to thank you for your continued support. In the coming year, our work will be guided by the belief that everyone has a right to build a future free from poverty. I do hope that you will continue to share with us this vision and inspire us to reach our goals.

Dr. Britto Selvaraj  
Secretary cum Director, SSH

## Our Vision

We aim to ensure new social order through integration of small farmers, implementation of eco-friendly approach, strong coordination and cooperation of communities and service providers.

## Our Mission

We work to create hunger and disease free society for the disadvantaged women and children to enable them to lead a life with justice and equality.

## Our Statement of Work

Society for Serving Humanity works to improve health, provide education, enable communities generate income and lead a life with just and equality in selected villages of Dindigul and Namakkal districts.

# Foster A Child

## Living positively with our care

The children who are HIV positive and living with HIV/AIDS are provided utmost care, love and affection to cope with the trauma they face. We provide special coaching to children to excel in their studies; promote the concept of Children Club and enhance the economic growth of their parents.

Through this programme, we endeavour to reduce school dropouts and redirect children who are suspected of HIV to the Integrated Counselling Testing Centres.

We support 450 children in Namakkal and Dindigul Districts in Tamil Nadu, India.



## Achievements

- All 450 children have been promoted.
- 16 children passed the 10th public exam and among them 11 have passed with distinction.
- 70 per cent of the SHG and youth group members voluntarily underwent HIV tests.
- One of our students won first prize in athletics held at the Namakkal District level.
- Two of our students won prizes in essay competition at the State level.
- Our children gained health information and general knowledge by reading newspapers daily.
- 64 People Living with HIV/AIDS (PLHAs) receive continuous financial and other support from the local SHGs.

## From distress to new hope

Having lost both the parents due to HIV/AIDS, Sugavaneswaran's early stages of schooling was tough. His grandmother, with whom he and his brother live, found it difficult to support them.

Sugavaneswaran who is in 11th standard at Kamarajar High School remembers the earlier days at school "I was very depressed because of my financial situation and hence was not able to pay much attention and wanted to give up. Not able to go to school in clean clothes added more pain and I wanted to be away from the crowd."

Our staff when they met Sugavaneswaran and his grandmother assured them of our support. We gave him education materials, uniforms and health care packages. He progressed well and secured second place in his 10th standard exams in his school. The headmaster got him admission for 11th standard at Kamarajar High School which is a private institution.

Today Sugavaneswaran is beaming with happiness and says "I want to get over 1150 in my Higher Secondary Exams. I am so grateful to SSH for all their support. And my previous school headmaster who still takes care of my educational expenditure – thank you so much for this wonderful opportunity."





# Community Based Rehabilitation Programme for Women and Children

## Creating a healthy and wealthy community

We create awareness and educate the community on prevention measures of HIV/AIDS. To reinforce this, SSH provides education, vocational training and strengthens children clubs. We provide food and nutrition to the community to maintain good health and also a revolving fund to PLHAs after they join a local Self Help Group.

Women involved in arecanut plates making - which brings them a reasonable income to pull along the family and strengthen their stand.



## Achievements

- 150 PLHAs (People Living with HIV/AIDS) were inducted into local SHGs and some of them received credit support from SHG during emergency.
- 230 children are continuing their studies.
- 20 children's club have been formed and strengthened.
- 20 children received computer training.
- 30 PLHAs were trained to make vermi compost and arecanut plates which brings in regular income.
- 50 PLHAs get handful rice from SHGs.

## Rajalakshmi educates the village

I am Rajalakshmi, 37 years old living in Sithoor. I have two children. Both my husband and I are HIV positive. Initially, I was worried and disturbed. I did not expose my status due to fear of stigma and discrimination.

I met SSH staff and they referred me for treatment and explained me about HIV/AIDS. Both my husband and I attended training on self-care, nutrition, personal hygiene, preventive measures etc. Further, SSH has provided educational assistance to my children.

I am now working as a volunteer in my own village. I help the PLHAs and provide information on HIV/AIDS, health care services and also facilitate to get government schemes. I take them to hospital for CD4 and ART treatment. Today with CBR support we are leading a happy and healthy life.



We are trying to get people to understand HIV/AIDS is a sickness like any other, that it can be treated, and that those who have it can lead normal lives.

# CHAHA - Children Affected by HIV/AIDS with Health and Happiness to All

## An inspiring environment for the children

The children who are HIV positive and living with HIV/AIDS are provided utmost care, love and affection to cope with the trauma they face. We provide special coaching to children to excel in their studies; promote the concept of Children Club and enhance the economic growth of the parents.

Through this programme, we endeavour to reduce school dropouts and redirect children who are suspected of HIV to the Integrated Counselling Testing Centres.

We support 450 children in Namakkal and Dindigul Districts in Tamil Nadu, India.

With our efforts, children are responsible for kitchen gardens – which are an essential effort to keep them healthy.



## Achievements

- 1003 children are identified and registered.
- Overall CD4 of children in this program has increased.
- ART Adherence maintained by CLHA.
- Positive mothers delivered mostly HIV Negative children.
- 17 students passed the 10th std exam and six students got above 400 marks in their public exams.
- Ten children have moved to Polytechnic, Nursing and Engineering.

## Making progress

S.Kayalvizhi who is undergoing Anti Retro Viral Therapy - ART is 10 years old. She has lost her mother and lives with her grandmother. Her father who is an auto driver, visits her weekly and provides very little support. In order to take care of Kayalvizhi, her grandmother goes for agriculture coolie work. But her health condition prevents continuity of work. They live in a small hut and the stagnant drainage water in front of the house is a major cause for their frequent ailments.

Fortunately at this difficult juncture, SSH had identified her and inducted in the CHAHA programme. We provided household utensils, safe drinking water and nutritious meal every month. We also guided her on self-cleanliness and personality development.

Kayalvizhi has progressed well. She shows great interest in studies and is leading a new life now.





# Community Based Care & Support Project

## Bringing communities closer

We work with the community to combat the spread of HIV/AIDS from parent to child and refer people to ICTC centres to undergo the necessary tests. This year we have referred 122 persons to ICTC centres; tested 102 and identified three HIV positive persons. The rate of progress in the welfare of PLHAs has been remarkable.

The SHGs collect handful of rice daily and give it to the community on a monthly basis. The groups such as children club, children support group, Little Flower Children's Network and village development committee have been structured and promoted by the community itself. The community has acknowledged that they need proper medication such as ICTC, PPTC and ART.



Self Help Groups play a crucial role in rendering assistance to the PLHAs which significantly improve their standard of living and health.

## Achievements

- 47 PLHAs were inducted into SHGs.
- Many positive speakers have come up in the community.
- The community is aware of government schemes (15 CLHA benefited from OVC – Orphan and Vulnerable Child, secured five tailoring machines from Social Welfare Board and 18 PLHAs received Widow Pension).
- Life span of PLHAs and HIV positive children has increased.

## Local Resource Mobilization

### Community gives back

Local Resource Mobilization Day is an activity which ensures community participation.

The way we do

- We identify local donors and philanthropists in the community; meet them face-to-face and give them supporting materials of our projects. We emphasize the problems the community face, our plans and invite them to visit our projects.
- Once they become our donors, we request them to introduce us to their friends and relatives. We strengthen our relationship by sending thank you letters and greeting cards created by our children.

Whom do we approach?

- Faith based organisations, school teachers, community members, Anganwadi workers, Self-Help Groups and Bharathi Women Federation, Panchayat Presidents, Ward members and Village Administrative Officers, Poultry Owners Association and Lorry Owners Association, Lions

Club, Rotary Club, Youth Club, Hundies in schools and colleges, Medical Associations, Jewellery Shops, Textiles and Stationary Shops.

How much did we raise?

We raised a total of Rs.3,73,655 (Rs.1,70,000 from Dindigul and Rs.2,03,655 from Namakkal Districts).





# Safe Drinking Water

## Clean water in Kottaipatti village

Majority of the people living in Kottaipatti village are landless agricultural labourers. They face severe water scarcity. There is no hand pump or common pipeline in the village. The villagers fetch water from nearby farms and the water is salty and not clean. This caused skin diseases and frequent bouts of diarrhoea - one of the leading killers of young children in India and other parts of the developing world.



The women who used to spend hours fetching water, now only have to step outside their door for clean and safe supply of water.

SSH with the support of its partner, installed a hand pump in the village. SSH trained the women to maintain the hand pump and also to store rain water.

"The children often suffered from diarrhoea" says a woman in Kottaipatti village. "I see a difference now". Now the villagers have sufficient water for drinking as well for other use. Children and women have more time – women to attend to their work and children to play and study.

Few other villages in Dindigul & Namakkal districts too received support from SSH during this year for Safe Drinking Water.

## Integrated Women Development Programme

### Creating successful entrepreneurs

SSH believes that investing in women fundamentally strengthens families and societies. Our Integrated Women Development Programme develops women's leadership, strengthens their income generation avenues, increases women's rights and ensures new economic opportunities for them.

Our self-help groups which are integrated into a women federation called Bharathi Women Federation consists of 3100 members including 625 PLHAs.

Bharathi Federation participates in mass campaigns and advocacy to strengthen the issues of women.



Women running small businesses

# Alternative Learning Centre – ALC

## Putting our best foot forward for the children

SSH has 18 ALC centres supporting 550 children in Namakkal and Dindigul Districts. In each centre there are around 30 children with one teacher as in-charge. The children at the centre are either HIV positive or living with HIV/AIDS. The centre functions three hours a day and provides non-formal education. The children are also encouraged to play, read newspapers, general knowledge books and attend to their school homework as well.

We also bring awareness on HIV/AIDS and related diseases, personal hygiene and, ill-effects of child labour. We also ensure care and support for the community affected by HIV/AIDS and child labourers. We further provide psycho-social support to children who are HIV positive or HIV/AIDS to strengthen their coping mechanism towards prevention. We also provide care and support to other disadvantaged children in the community.

During special days like children's day we organize competitions such as sports, dance, singing, essay writing and speech. We also encourage the children to involve in mass cleaning, plant as well distribute free saplings against global warming. We hold Parents Teachers meeting every three months and assess the growth of the children. We also take special care to provide extra coaching to those children who lack behind their studies.

Through the NFE Centres, we have created a safer path and guidance to the underprivileged children in Dindigul and Namakkal regions. Even though Namakkal is one of the leading education cities in the state, the literacy rate among the poor still remains very low. Hence the need for the NFE centres.

## Achievements

- Continuous education is ensured and there were no dropouts in between the project period.
- All the children have passed and promoted to their next standard.
- Nearly 30 Children's clubs have been strengthened to develop around 700 children.
- Around 175 children have joined the Little Flower Children's Network.
- Many PLHAs benefit from the NREGA scheme (National Rural Employment Guarantee ACT).
- Around 450 saplings were planted in villages.

## Will I be a teacher?

My name is Priya. I am studying in 7th standard at Karupattipalayam. I lost my father few years back and now live with my mother. She is an agricultural coolie worker. She is the only earning person in my family. My ambition is to become a teacher. Though I was very keen to go for private tuition, it was impossible with my mother's poor income.

When SSH started ALC (Alternative Learning Centre) at my village, I joined and learnt general knowledge, co-curricular activities etc. They also give us snacks and milk. In addition, they conduct various competitions in which I have participated and won prizes.

Now my mother and I are very happy and thank SSH on behalf of my community for the study centre at Karupattipalayam.



Children at the ALC



# Revolving Fund Project

## Women thrive in local business



SSH aims to ensure that women play a great role in enhancing the standard of their families. In support of this, we have given the women a revolving fund to invest in livestock such as cows and goats. These women who have become part of Bharathi Women Federation, generate reasonable income.

### Achievements

- Ten women are self-employed, self-reliant and become role models for other women PLHAs.
- Monthly savings increased from Rs.30 to Rs.150.

Krishnaveni, with an HIV positive husband and two children, struggled to make ends meet. Now with our Income Generation support for Livestock she earns Rs.150 per day.

“I am able to pay for food, school fees and medical expenses. I am even able to save a little money each month, dreaming of building a small house” says Krishnaveni.

## Give India Foundation

We received a sum of Rs.1,01,777 from Give India Foundation for Care and Support project. It supports two women and 95 children.

## Abbreviations used in this Annual Report

ICTC - Integrated Counselling and Testing Centre

SHG - Self Help Group

ART - Anti Retro Viral Therapy

CLHA - Children Living with HIV/AIDS

CAA - Children Affected by AIDS

ALC - Alternative Learning Centre

OVC - Orphan and Vulnerable Children

LFC - Little Flower Children

CIA - Children Infected by AIDS

OI - Opportunistic Infection

PLHA - Person Living with HIV/AIDS

BWF - Bharathi Women Federation

CD4 - a measure of a body's immune system

# Credibility Alliance Norms Compliance

## Governance

### Executive Committee & Annual Gross Remuneration paid

Name & Address	Designation	Gross Remuneration per annum (Rs.)
<b>Mrs.N.Sumathi</b>	President	Nil
<b>Mr.G.Antony Sahayaraj</b>	Vice President	Nil
<b>Dr.A.Britto Selvaraj</b>	Secretary	1,36,000
<b>Ms.Punitha</b>	Member	Nil
<b>Mrs.L.Mettilda</b>	Member	Nil
<b>Mr.Muthukumar</b>	Member	Nil
<b>Mrs.P.Athilakshmi</b>	Member	Nil

No travel reimbursements were made to Board members to attend Board meetings.

## Accountability and transparency

### Distribution of staff according to salary (as on March 31 2011)

Salary plus benefits paid to staff	Male	Female	Total
<b>&lt; 5000</b>	5	10	15
<b>5000 to 10000</b>	10	38	48
<b>10000 to 20000</b>	-	-	-
<b>Total</b>	<b>15</b>	<b>48</b>	<b>63</b>

Remuneration of two highest paid employees:

Rs.10,000/- Head of the Organization

Rs.10,000/- Project Coordinator

Remuneration of lowest paid staff members:

Rs.4,500/- Office Assistant cum Driver

### Staff details as on March 31 2011

Gender	Paid full time	Paid Part time	Paid consultants	Volunteers
<b>Male</b>	15	-	-	-
<b>Female</b>	48	10	-	17
<b>Total</b>	<b>63</b>	<b>10</b>	<b>-</b>	<b>17</b>

Total cost of International travel by all staff during the year – Nil

Domestic travel by all staff - Rs.17,430



# Finance

## Statement of Receipt and Payments Accounts for the Year Ended March 31 2011

Receipts	2010 (Rs)	2011(Rs)
TO Opening Balance	981,902.99	1,076,063.00
To Total Fund Received	10,381,873.01	11,612,426.63
<b>Total</b>	<b>11,363,776.00</b>	<b>12,688,489.63</b>
Payments		
By Programme Expenses	10,287,713.00	11,304,918.00
By Closing Balances	1,076,063.00	1,383,571.63
<b>Total</b>	<b>11,363,776.00</b>	<b>12,688,489.63</b>

## Statement of Income & Expenditure Accounts for the Year Ended March 31 2011

Income	2010 (Rs)	2011(Rs)
Indian Sources	4,040,131.97	3,424,426.35
International Sources	7,247,813.00	8,884,528.00
Bank Interest	49,408.80	42,027.05
<b>Total</b>	<b>11,337,353.77</b>	<b>12,350,981.40</b>
Expenditure		
Project Expenses	11,134,888.97	12,197,368.40
General & Management Expenses	202,464.80	153,613.00
<b>Total</b>	<b>11,337,353.77</b>	<b>12,350,981.40</b>

## Balance Sheet as at March 31 2011

Liabilities	2010 (Rs)	2011(Rs)
Capital Funds	5,212,930.57	4,953,238.97
Ongoing Projects amount	1,031,807.77	1,365,939.40
<b>Total</b>	<b>6,244,738.34</b>	<b>6,319,178.37</b>
Assets		
Fixed Assets	5,168,675.34	4,935,606.74
Cash & Bank Balances	1,076,063.00	1,383,571.63
<b>Total</b>	<b>6,244,738.34</b>	<b>6,319,178.37</b>

### Identity and Values:

Society for Serving Humanity is registered under the Societies Registration Act, Foreign Contribution Regulation Act and exempted from Income Tax under 12-A.

Registered Office : Madurai Road, Sempatti – 624 707, Dindigul District, Tamil Nadu, India.

Bankers : Canara Bank, Main Branch, Salai Road  
Dindigul - 624 001, Tamil Nadu, India.

Auditors : Mr.M.S.Chandra Mohan, B.A., F.C.A.  
Chartered Accountant  
8/6, Padma Complex  
II Floor, Gobala Samuthiram West Bank  
Dindigul – 624 001, Tamil Nadu, India.



## Our Future Plans

1. Education for All.
2. Poverty Alleviation.
3. Health related issues especially HIV/AIDS, Adolescent Health etc.
4. Establishing the Child Plan Academy in Namakkal District.
5. Natural Resource Management (NRM) & Disaster Management.

## Thank You!

- Andheri Hilfe
- Net4kids
- Wilde Ganzen
- PWDS
- Kindermissionswerk JAFS
- Patni Charitable Trust
- Give India
- Rotary Club of Guelph
- Local donors and our community
- And our staff that has been so encouraging

## Visit us!

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