

Annual Report 2015-16

Society for Serving Humanity
Enabling communities, Empowering women, Educating children





Vision

"We aim to ensure new social order through integration of women, children, small farmers and farm labourers, implementation of eco-friendly approach, strong coordination and cooperation of communities and service providers."

Mission

"We work to create hunger and disease free society for the disadvantaged women and children to enable them to lead a life with justice and equality."



Secretary's Note

I have great pleasure in presenting you the 2015-2016 Annual Report.

We have been blessed with another year of meaningful development activities. In spite of financial constraints, creating an impact in more than 50,000 people living in Namakkal and Dindigul is the strength of SSH. However, to understand the real impact, we have highlighted in the Annual Report the lives of few individuals whom we have transformed.

Lives like Indhu (Page 03) a 12-year old affected by HIV/AIDS, who is aspiring to become an accountant; Parvathy (Page 05) who was able to turn her life around with an

entrepreneurial support and Saroja (Page 09) who has put the difficult past behind her and dreaming of becoming a peer educator – these stories indicate a sense of pride and progress that SSH achieved. Not forgetting the unstinting support of the Community Based Organisations that are instrumental to children, women and the entire community to step into a promising future.

Our school – The ChildPlan Academy in Namakkal continues to bring lasting changes in the lives of children, thereby creating strong-minded and determined future leaders. Whether sports or academic achievements – our children stand victorious.

Going forward, we plan to work with adolescent groups and young women who need critical support in the areas that we work. Besides, we have initiated Children's Parliament and are keen to strengthen this initiative.

I would like to thank the Board, government departments, staff, the community, the funding partners and individual donors for their collaboration and support. Without you these results would not be possible; we are stronger together. We look forward to your continued support in the coming years too.

Sincerely

Dr Britto Selvaraj
Secretary

Foster a Child Programme (FCP)

450
children
educated



02 Districts 

Dindigul

Namakkal

251 Villages 

0% death of children living with HIV/
AIDS in both Namakkal and Dindigul
during the year 2015-2016

“

Children throng my snack centre for the tasty and tangy Kuzhi Paniyaram (Kuzi Paniyaram is a South Indian delicacy made by steaming batter using a mould). Working in my centre the entire day, I make Rs.300 per day. Since then, there's a whirlwind of change in our life. I have the confidence to educate my children and lead a life with renewed hope. Thank you SSH for helping me establish this snack centre.

”



SSH's nutritional and healthcare support ensure the adolescents receive prevention, care and treatment services to maintain good health and boost their happiness.

SSH provides educational and healthcare support to 450 children from Namakkal and Dindigul Districts who are HIV Positive/Living with HIV/AIDS. Additionally,

SSH supports the parents with an income generation activity to earn a living and arranges exposure visits to places of interest helping them overcome their traumatic struggles.

44 children had access to ART (Antiretroviral) and ICTCs (Integrated Counselling and Testing Centre) Centers, resulting in improved overall health status.

100 parents are small entrepreneurs earning Rs.250/- per day, rising out of abject poverty. They now have hope for the future.

Indhu, her infectious smile and her goat - inseparable!

Against all odds, Indhu* emerged as a champion. From driven to flee away her village along with her family to living in deplorable conditions, the 12-year old Indhu is back in school. She is now honing her skills in math to become an accountant.

Back in 2011, her family left their village Kamalapuram in Dindigul District, unable to bear the discrimination from family and the community. Except her brother, the entire family is affected by HIV/AIDS.

When SSH team met the family for the first time, they were in critical need of healthcare, nutritious meals and other essential support.

"From 2011 onwards, I have received educational materials, nutritional and healthcare packages. I am on ART (Antiretroviral Therapy Adherence). Now my CD4 level is 2420. Strengthening the skills of children like me along with life skills are the crucial support, we have received from SSH. Also, SSH helped my parents buy two goats and they have multiplied to 23 goats worth Rs.69,000," says the beaming Indhu.



With SSH support, I attend ART Adherence regularly. My CD4 level has increased from 246 to 560.

- S. Ananth, an orphan, VI std,
Karattupalayam, Elachipalayam



Home visits are an integral part of FCP. Here the Secretary of SSH is seen counselling and encouraging a youth during the home visits, opening up opportunities to ensure a future filled with hope and opportunity.

Community Based Rehabilitation Programme (CBR)

1100

women

900

children covered

02 Districts 

473 Villages 

Dindigul

Namakkal

0% death of children living with HIV/AIDS in both Namakkal and Dindigul during the year 2015-2016

“

If I spoke eloquently and kept the audience spell bound – thanks goes to my teachers of Alternative Learning Centre run by SSH. I stood 2nd place in the speech competition on the eve of Children's day. My ALC teacher helped me in public speaking skills, master the art of stage fright and built my oratory skills and general knowledge.

”

- Radhika, Namakkal studying 9th standard in Government Girls Higher Secondary School, Namakkal.



SSH creates awareness and educates the community on prevention measures of HIV/AIDS. Besides through CBR, we provide rehabilitation, educational materials, and strengthens the activities of CBOs. Reinforcing the community

to fight against discrimination, linking the groups and individuals to banks and government schemes and enriching the knowledge of the communities of their rights are the additional support that SSH offers.

500 women PLHAs
(People Living with HIV AIDS)
lead a normal life

105 students who
appeared for 10th and 12th
exams scored above 80 percent.



Parvathi's* grocery shop is a hub of activity in Ayyampalayam village. "You name it, and you will get them at Parvathi's grocery shop" – is what the women in the small village often say.

For someone not having any experience than working as an agricultural worker and with the failure of monsoon for the last three years, her future looked bleak. Her husband's income as an agricultural labourer too was pitiful. When SSH staff suggested she opens a small shop with their support, Parvathi knew that there's light at the end of the tunnel.

"Today, I earn around Rs.1000 per month and am confident of enhancing the sales. Thanks to AHB and SSH for the positive change in my life" says Parvathi.

Other achievements:

- Linking of 80% PLHAs with banks through savings account has led to Pradhan Mantri Jan-Dhan Yojana – promoted by the Prime Minister of India
- Awareness created to utilise 104 services for clarifying health related queries
- PLHAs have become proud owners of movable and immovable assets
- 39 CBR children have joined degree courses and another 20 children enrolled in technical courses like ITI, nursing, lab technician, etc.
- Children follow basic hygienic practices like washing hands with

soap before eating and after using the bathroom, use of slippers while stepping out.

- SHG members help the PLHAs to receive widow pension, sewing machine and treatment regularly from govt departments and offer interest-free loans for emergencies or start a small business
- Local donors have begun to contribute Rs.50 per month per child for Empowering Adolescent Girls (EAG) scheme regularly.
- Local Resource Mobilization (LRM) days are conducted once in six months as a gesture of support to people affected by HIV/AIDS.



With SSH's support for livestock farming, women such as Mariapushpam is experiencing new hope in her life. "Today my husband looks at me differently: with respect and pride" says Mariapushpam.

Community Based Organisations (CBOs)

Name of CBOs	Children clubs	LFCN	PSG	CSG	ALC	SHG	BWF	ASHG
No. of groups	213	-	62	67	20	104	-	43
Members	4050	4050	330	549	889	1281	3080	356

People and children Living with and affected by HIV/AIDS need constant healthcare and educational support, encouragement and motivation and a reliable source of income. Our CBOs such as Children Clubs, Little Flower Children Network, Children Support Groups, People Support Group, Alternative Learning Centre, Self Help Groups, Bharathi Women Federation and ASHG (Adolescent Self Help Group) stand as a robust pillar of support to the community. Independent in their roles and responsibilities, these groups carry out various activities ensuring a steady support to these vulnerable communities.



LFCN - Little Flower Children Network

- Prevented 6 child marriages through Child Helpline – 1098.
- Constructed 40 individual toilets under the total sanitation scheme.
- Planted 200 saplings in villages.

- Created awareness of utilising 104 services for clarifying doubts on health and treatment.
- Participated in general medical camps, pulse polio, immunisation and dengue awareness in 13 villages through cultural events.





A child explores to develop his talent in music.

ALC - Arumbugal Alternative Learning Centre

These centres are set up in remote villages where most of our target children reside.

- The ALC Centres, along with academic concentrate on painting, speech, essay writing, reading, sports and games.
- ALC children had participated in different training programmes like yoga, child rights, adolescent health etc.

- Conducted ALC day at all 20 centers which included cultural events by children on the importance of education and nutrition, protection of child rights, prevention of child abuse, environmental protection, role of parents and making home a safe place for kids
- ALC children went on an exposure visit to railway stations, police stations, courts, district libraries and Banks to learn about these service organizations.



Rain or shine – we learn in classrooms with no walls and roofs!

CSG - Children Support Group

- Helped 4 CAAs (Children affected by AIDS) to re-join regular schools.
- Linked 15 children with other NGOs for availing support services.
- 8 CAAs received education support from OVC trust with the help of CSG members.

“

I now have an income and I am able to send my children to school and provide them with daily meals and clothing

”

Rajathi - who received an income generation support to start livestock farming



Small gifts bring hope for the poor

Having clothes on your back and shoes on your feet may sound a basic right – but for the poor – it's a struggle. When the community unite to raise funds – simple items bring much cheer to the poor. This year, we raised Rs.1,93,000 on our local resource mobilisation day – a combined efforts of all the CBOs.



BWF meeting headed by the Secretary of SSH.

BWF - Bharathi Women Federation

- Rescued 5 children from sexual abuse
- Prevented 6 child marriages
- Planted 1300 saplings
- Re-enrolled 12 dropout children into regular school.
- Constructed 300 individual toilets through total sanitation scheme
- Solved 6 family issues like property settlements, family disputes and dowry harassment
- Availed civic amenities for the villages - chlorination of tank and bore wells, road facilities, transports and construction of drainages
- Eradicated malpractices in the ration shop at Sanarapatti.
- Started collective IGP with the support of BWF – flower cultivation, cloth selling
- Involved in local resource mobilisation



PSG - People Support Group

- 7 PLHAs secured employment.
- Integrated 16 PLHAs into special groups; availed credit facility from banks.
- All PSG members have separate savings account with nationalised banks
- 70% of PSG members are linked with other NGOs and CBOs.

Restoring new hope and opportunities

The Self Help Group is instrumental in rewriting the story of 46-year old Saroja* from Kurumpapatti village, Vadasanthur union. After her husband had died eight years back due to HIV/AIDS, Saroja was left alone. "Even though I was falling sick often due to HIV/AIDS, both my sons were unsympathetic and deserted me. I felt I didn't have a future," said Saroja to our team in between crying her heart out. The CBR team inducted her into the local Self Help Group.

Saroja, who drew inspiration from the group says, "A loan from the group helped me set up a small shop in my house itself." Crediting the group for the improvement in her health, Saroja says that seeing her renewed life, her children drew closer to her. She is also part of the 100 days working scheme and earns a decent income.

Incidentally, when the CBR met her recently at her shop, Saroja said, "What I look forward the most is to work as the peer educator in my Panchayat."



We celebrated World Food Day in October 2015 in Dindigal and Namakkal to bring awareness to the community on the importance of having nutritious food. There were 400 participants which included children, parents, Self-Help Group and Bharathi Women Federation members. The highlight of the event was the showcase the locally available grains and pulses. Besides, the charts indicating the nutritional value of each vegetable, grains and pulses captured the crowd along with the sumptuous nutritional dishes prepared by SSH staff.

* All names changed to protect identity

The Childplan Academy (CBSE) School

Scholastic/ co scholastic programmes

- Observed a Reading week for all the children to enrich their reading skill
- Promoted Children's Parliament with Council of Ministers
- Conducted School health programme
- Celebrated Religious/National important festivals
- Organised field trips/exposures related to school subjects.
- Provided Life skill training for teachers and children by various resource persons from different parts of Tamilnadu.
- Included drawings, project works and assignments given to children related to their subjects based on the play-way method of teaching.
- Continued French as the third language.
- Encouraged the children to participate competitions such as Spell Bee, Quiz, and District level Karate Tournament.
- Continued the Eco-clubs concept of TCA at the campus "One Child One Tree."



Happiness and cheerfulness is synonymous at TCA. The journey of the children at TCA is a well thought plan with equal participation by all children, bringing the best out of each child.

Another fruitful year for the ChildPlan Academy. In keeping with the school's motto, we have strived to tap the innate potentials of all children, both in academics as well other extracurricular activities. Every minute effort of ours – whether

the individual attention or the doctor visits, the after-school help on homework, sports activities, excursions, the sessions with a counsellor—together, they have a tremendous impact on our children's trajectories.



We deeply reach each child, keeping in mind that every child is different. Personal attention goes a long way in assuring a child that she or he is special to us.

Academic achievements:

- State level silambam competition conducted at TCA by the Namakkal District silambam association.
- Participated in Sahodaya inter-school sports meet at Salem.
- Conducted a workshop on CCE training for all the subject teachers
- Conducted Phonetics & in-service training for teachers and students.
- Staff enrichment program on "Stress Management & Personality Development program" by the Chellamuthu Trust, Madurai.
- Communication training for teachers & students by Ascon Academy, Salem.



Leaping to reach a brighter future
At TCA, we place equal importance to sports. Harboursing healthy competitive attitude is one of our benchmarks.



Giving confidence to the children
to clear their doubts and active participation is shaping them into confident and responsible individuals.

Credibility Alliance Norms Compliance

Governance

Executive Committee & Annual Gross Remuneration Paid

S. No	Name and Address	Designation	Gross Remuneration per annum(Rs.)
1	Mrs. N. Sumathi	President	Nil
2	Mr. Muthukumar	Vice President	Nil
3	Dr. A. Britto Selvaraj	Secretary	7,67,100/-
4	Ms. Punitha	Member	Nil
5	Mrs. P. Aathilakshmi	Member	Nil
6	Dr. B. Princely jeyakumar	Member	Nil
7	Mr. A. Lawrence Santiago	Member	Nil

No Travel reimbursements were made to Board members attending Board Meetings.

Accountability and transparency

Distribution of Staff according to salary (as on March 31, 2016)

Salary	Male	Female	Total
<5000	1	0	1
5000 to 10000	3	15	18
10000 to 20000	10	25	35
Total	14	40	54

Remuneration of two highest paid employees:

Rs.15000/- Head of the Organization

Rs.14,000/- Project Coordinator

Remuneration of Lowest paid Staff members:

Rs.4500/- For Watchmen

Staff details as on March 31, 2016

Gender	Paid full time	Paid part time	Paid Consultants	Volunteers
Male	14	0	0	14
Female	40	15	0	55
Total	54	15	0	69

Total cost of International travel by all staff during the Year-Nil

Finance

Statement of Receipts & Payments Accounts for the Year Ended March 31, 2016

	2015 (Rs)	2016 (Rs)
Receipts		
To Opening Balance	3,708,522.79	1,177,200.09
To Total Fund Received	26,666,985.92	34,041,381.76
Total	30,375,508.71	35,218,581.85
Payments		
By Programme Expenses	29,198,308.62	29,725,160.57
By Closing Balance	1,177,200.09	5,493,421.28
Total	30,375,508.71	35,218,581.85

Statement of Income & Expenditure Accounts for the Year Ended March 31, 2016

	2015 (Rs)	2016 (Rs)
Income		
Indian Sources	6,938,406.62	9,130,605.00
International Sources	19,825,366.45	22,118,932.19
Bank Interest	110,477.01	108,680.07
Expenditure over income	865,137.04	583,686.36
Total	27,739,387.12	31,941,903.62
Expenditure		
Project Expenses	26,794,917.12	30,018,255.04
General & Management Expenses	944,470.00	1,923,648.58
Total	27,739,387.12	31,941,903.62

Balance Sheet as at March 31, 2016

	2015 (Rs)	2016 (Rs)
Liabilities		
Capital Funds	25,000,902.25	26,746,456.89
Ongoing projects Amount	831,882.50	4,721,653.05
The Childplan Academy	1,398,118.00	2,258,819.00
Total	27,230,902.75	33,726,928.94
Assets		
Fixed Assets	25,506,640.66	26,960,614.66
The Childplan Academy		
- Fixed Assets	547,062.00	1,212,893.00
- Deposit	0.00	60,000.00
Cash & Bank Balances	1,177,200.09	5,493,421.28
Total	27,230,902.75	33,726,928.94



Visit us

Please call us in advance to arrange a mutually convenient time

Registered Office

SSH – Society for Serving
Humanity

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School

The ChildPlan Academy

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Number 1930669

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