

Society for Serving Humanity

Enabling Communities, Empowering Women, Educating Children



Annual Report 2016-2017



Vision

“We aim to ensure new social order through integration of women, children, small farmers and farm labourers, implementation of eco-friendly approach, strong coordination and cooperation of communities and service providers.”

Mission

“We work to create hunger and disease free society for the disadvantaged women and children to enable them to lead a life with justice and equality.”

Secretary's Note

Dear friends,

Greetings from Society for Serving Humanity!

Thank you for walking with us throughout another eventful year.

In the year 2016-2017, SSH worked in 561 villages in two districts (Namakkal and Dindigul), serving a population of 15,500 people and 2600 children. In the pages that follow, you will read the inspiring stories of children and women who are re-imagining a future that is different from their past. We see resilience, perseverance, hard work, and determination among the community.

Our school, The ChildPlan Academy continued to bring the best to our children, especially for the children of Foster A Child Programme.

With your support, the journey from survival to sustainability has dramatically changed the outlook of the communities and they are encouraging others to



follow in their footsteps. SSH has always been a motivator, guide, and counsellor to disadvantaged children and socially excluded women. The increasing community participation and ownership of programmes is a clear indication of reaching a level of sustainability of all our projects. Roles and responsibilities of SSH are minimising on a daily level and the community participation is on the increase. We are confident, these communities can emerge as a healthy and strong group who are determined to transform every area of life.

Going forward, we plan to take up

projects focusing on areas such as community and adolescent health, skill development for rural youth and solar energy.

I take this opportunity to thank all donors, Government agencies, individuals, community leaders who have stood by us – believing in our mission. And thank you, Board and the staff who worked relentlessly for a year that was packed with activity, bringing the desired results.

Sincerely,

Dr. A. Britto Selvaraj
Secretary



Together, we raised!

We raised Rs 3,93, 925 in kind and in cash from Namakkal and Dindigul. A combined effort of all staff and the CBOs.

Foster a Child Programme (FCP)

Changing positively

For children who have experienced a childhood that has been shaped by HIV/AIDS, poverty, social stigma and extreme neglect, Foster A child gives them the tools to achieve their goals and ultimately leading them to a better, brighter future. The children receive healthcare to keep away from opportunistic infections, counselling to overcome their trauma and financial support to continue their education. The children are also encouraged to develop their personal, social, and artistic skills through our Alternative Learning Centres.

Additionally, we provide the parents of FCP children with healthcare facilities, counselling, create awareness to know their rights and provide loans to start small entrepreneurial activities.



My husband, a fruit seller, spends half of his earning in alcohol. My three daughters future looked bleak. Thank you SSH for the overall growth of my children and helping me join a Self Help Group. With a loan of Rs 6,000 through my group, now I sell flowers at Dindigul bus stand. I get a profit of Rs 200 per day and am able to send my daughters to school. - Maruthambal from Dindigul

Achievements

Education

- 47 children living with HIV/AIDS continued their studies
- 6 drop-out children readmitted in schools/tuition centres
- 69 children recorded a pass in 10th standard
- 36 children joined college pursuing higher studies
- 15 children learned computer skills whilst in higher education

Health

- 260 family members maintained clean homes and followed hygienic habits
- Children Club members were involved in mass polio and rubella campaigns
- Kitchen gardens spruced up by Children Club members

Social

- Prevented 10 child marriages
- Community members have bank accounts and can fill up bank forms
- 550 women enhanced their knowledge on women and child rights
- Enrolled each child into Aadhaar scheme
- Advocated successfully for 50% reservation for women in local panchayat

Family income

- 100 parents had permanent jobs with an enhanced income
- 25 parents receive monthly pension of Rs 1000

466

No. of children

02

No. of Districts
Dindigul and
Namakkal

251

No. of Villages



Her heart set on to become a teacher

“For which of the following disciplines is Nobel Prize awarded?”, “Where is the TV and Film Institute situated?” – these are not questions from a quiz competition. But an everyday activity at our Alternative Learning Centre - ALC. The 15-year old Nivetha, studying in 10th standard in a government school, animatedly answers all the questions. Hailing from a small village called Kalaivannar Nagar in Namakkal, Nivetha has come a long way. From being a shy, timid girl with poor health to exhibiting strong leadership qualities, excelling in academics and maintaining good health, Nivetha is climbing the ladder of success.

“Before joining the ALC, I would wild away my time by watching television o chit-chatting to my

friends. Now, I use my time wisely. We are in the center from 5.30 to 8.00 in the evening. We play different games and that has led us to win not only in our school but also at the district level. With the ALC teachers helping in my homework I get 80% in Math. We also get nutritional food which raised our Haemoglobin level, increased our weight and improved the attendance in school. Reading newspapers, undertaking exposure visits to banks and shops increased our knowledge and confidence to be independent. We also planted several saplings to bring greenery to our village. Thank you FCP and ALC for bringing this transformation,” says the reawakened Nivetha.

Community Based Rehabilitation Programme (CBR)

Changing lives – the four step model

Ensuring the community overcome their health implications, helping children continue their studies, enhancing the living condition of People and Children Living with HIV/AIDS (PLHAs & CLHAs), facilitating social attainment are the ways SSH helps the community. SSH works in two districts – Dindigul and Namakkal covering a total population of 760.

Achievements

Promoting health

- 35 adolescent girls increased their HB level from 8 gm to 10gm
- 175 ART holders are on regular ART treatment
- 26 PLHAs regularly followed their ART & TB treatment
- Nearly 80% of PLHA families changed their food pattern
- 60% of PLHAs are practicing personal hygiene and herbal medicines

Ensuring Education

- All 330 target children of the second phase are continuing their studies.
- 12 children scored above 400 marks in their 10th standard public examination
- 2 children scored more than 950 out of 1200 in 12th standard examination
- 40 vulnerable children received educational materials
- Children of 25 PLHAs attend college for higher studies.

Propelling progress

- 20 PLHAs received housing pattas, widow pension through Thai Thittam.
- 120 PLHAs inducted into 18 SHGs and 25 have begun an income generation activity
- 150 children began savings in the range of Rs.120 to Rs.600

Strengthening the community

- 4 early marriages stopped
- 17 special groups formed and linked with nationalized Banks
- 13 PLHAs linked with unorganized labor welfare department
- 560 tree saplings planted.
- 8 street children rejoined their family with the help of Child Line Helpline - 1098.
- Raised Rs. 50,000 from community members in kind and cash



430

No. of
Women

02

No. of Districts
Dindigul and
Namakkal

330

No. of
Children



Smiles galore and a bright future

“I rarely slept in the night because I could not stand the pain from my blisters,” says the 12-year old Prashanth, who is HIV infected and suffers from opportunistic infection. He lives with his HIV infected parents in a small village called Veppanam in Nammakkal District. Ill health, irregular income and depression of the parents weakened Prashanth’s health.

“I went to school in a dirty uniform, without a bath. Foul smell emerged from my blisters. My friends would mock and avoid me. This disturbed me a lot,” said Prashanth when we met him during our community visit to his village.

We provided Prashanth financial support, nutritional food, healthcare packages and ensured he regularly goes to ART (Antiretroviral) Centres and ICTCs (Integrated Counselling and Testing Centres).

“I have so many friends today. I take a bath daily and wear a clean uniform. My blisters are healed and my CD4 level has increased from 328 to 728. I am thankful to SSH for the counselling, encouragement and healthcare support. There’s hope and possibility in my life now. I see a brighter light ahead,” says the revitalised Prashanth.

Community Based Organisations (CBO)

By creating a series of community-based organisations such as Children's Club, Little Flower Children's Network, PLHA Support Group, CLHA Support Group, ALC Centre, Self Help Group and Bharathi Women Federation, SSH ensures the community prepares itself to lead healthier life, children to pursue their education, women to gain confidence and earn a living while advocating to avail benefits of government schemes. Most importantly, the children gain self-confidence, leadership and critical thinking skills, as well as discover a passion for lifelong community service.



“

The Self Help Groups not only saves money together but they also encourage one another and share ideas. Prema, a member of the group says, “My family was always in debt and I did not know how to repay since I owned nothing. Now, with the loan, I have started a small business. This business has enabled us to afford enough food for our family, pay school fees and buy clothes for our children. Our life has changed for the better.”



Achievements of Children's Club, Little Flower Children and CLHA Children's Group

Children's Club - CC

- 21 children enrolled into regular schools
- 88 children won prizes in inter-school drawing, speech, essay and sports competitions
- Children won prizes in Silambam and Thappattam at district and school level
- 347 saplings planted
- 59 kitchen gardens created
- The Village Sabha sanctioned a play ground as well a building to organise meetings
- Started seed bank in 17 children's group

Little Flower Children's Network - LFCN

- 1800 sapling planted
- 18 child marriages prevented in Namakkal and Dindigul
- 6 drop out children re-enrolled
- Conducted health awareness programmes in 30 villages through cultural events
- 8 adolescent girls rescued from Sumangali Thittam and enrolled in non formal school.
- Grma Sabha sanctioned 3 playgrounds at Puthupatti, P.K patti and Batalagundu
- All children from LFCN have opened account in bank
- Secured prizes in football, kabadi, athletics in state level

CLHA Children's Support Group - CSG

- 21 members received financial support through OVC Trust.
- 16 members received food materials through other networking NGOs
- 14 members created kitchen gardens
- 100% ART adherence.
- CD4 level increased to 800-900 for 17 members and above 1000 for 8 members
- No death among the members

Name of CBOs	CC	LFCN	PSG	CSG	ALC	SHG	BWF
No. of CBOs	36	-	28	26	8	30	-
No. of villages	36	25	43	66	8	30	60
Members	890	620	150	219	223	513	4725

Bharathi Women Federation



Together, we rise

Bharathi Women Federation works to overcome poverty and injustice to women, strengthen Self Help Groups, overseas the work of Income Generation Programme, improves the social aspects of the community, acts as a consortium to raise their voice over issues related to women to help women empower themselves. To sustain the Federation, members of all groups contribute a monthly subscription.

Achievements

- Legal documents signed between individuals, Self Help Groups and Bharathi Women Federation
- 5 Self Help Groups received income generation support totalling to Rs 1,50,000
- 25 women are successfully involved in income generation activities such as cow and goat rearing, making pickle, selling siddha medicine and preparation of cleaning solutions and weaving mats.
- Prevented 8 early marriages
- 180 women emerged as self entrepreneurs
- 395 trees planted
- Availled government schemes such as 37 houses, 157 ART pension, 28 widow pension, 126 family identity card, 32 sewing machines and secured 150 employments under NREGP.
- Contributed Rs 3,53,225 in kind and cash towards Local Resource Mobilisation
- Constructed 800 individual toilets through total sanitation scheme.
- Solved 8 family issues of settlement of properties, family disputes and dowry harassment.
- 33 members actively participated in political activities



Enriching Lives

We helped Malathi to create a kitchen garden, where she can grow vegetables and fruits to provide quality food and nutrition for her family. She also received financial support to breed and rear a small number of livestock. Women such as Malathi, when they engage in these small businesses, they are empowered to contribute towards the sustenance of their families which earns them great respect within the community. "I have grown my business and can send my children to school, feed my family and save a little to any emergency. My life is changed now."



Alternative Learning Centre – ALC

Teaching differently

The ALCs bring out the potential of children helping them to identify their skills, overcome insecurities, build confidence and take a keen interest in the development of their villages.

Achievements:

22 children won prizes in yoga, essay in state level

No drop out in the ALC centre
Savings habits improved

All ALC 10th standard students secured a pass in the board exam

Twenty 12th standard students scored above 1000 marks in the exam



Income Generation Programme – IGP

Investing in women

SSH, through IGP, restores hope and dignity to women who are living with and infected by HIV/AIDS. The financial support provided by SSH are a great source of strength for these women to eek out of poverty, earn an income and become independent.

Achievements:

- 5 members purchased two wheelers
- 2 members received household articles worth of Rs. 40000
- 7 members have invested for higher education of their children
- 5 members have renovated their house to a total of Rs. 2,10,000



Self Help Group – SHG

Women Power

The self help groups are the backbone for the poor women in Namakkal and Dindigul. The SHGs provide the women financial support, skill training, friendship, peer-support and self-esteem.

Achievements:

- 12 new clubs formed
- 30 PLHAs availed loan
- 10 members are involved in small scale enterprises
- 2 members have purchased land
- Availed a loan of Rs.40000 from bank and helped 10 members to buy cattle
- Members CD4 level increased from 1816 to 2130

PLHA Support Group

The PLHA support group counsels and motivates those living and infected with HIV/AIDS and involve them in various activities.

Achievements:

26 members have built toilets

40 members availed Rs. 400000 from bank

21 members received ART pension

12 has formed a special group

35 members availed government schemes like ART and Widow pension

10 members became peer educators

Life span increased, no death.

100 % ART adherence among group members

The ChildPlan Academy CBSE School - TCA

The ChildPlan Academy established in 2013 provides quality education to children at affordable cost. It aims to provide excellent quality education for the overall development of its students.

We have 354 students from Kindergarten to IX classes with 22 teaching and 13 non-teaching staff.



Achievements

Staff Enrichment Programme

In order to give the children quality education, we believe in staying updated. To acquire and update knowledge of what they teach in classrooms and to keep up with the changing world, our teachers attended the following workshops and training programmes.

- One-day workshop program for the teachers at Salem conducted by Salem Sahodaya on class room management and skills development.
- Seminar on personality development and life skills organized by Macmillan Publishers at Namakkal
- One-day Hindi workshop program on teaching methodology in Hindi.
- Workshop for KG teachers on story telling for kids at Salem.
- Two-days Math workshop for teachers at Salem conducted by CBSE Board, Kerala.
- One-day training for English teachers on Phonics at Salem.

Student Enrichment Programme

To ensure our students are equipped to face challenges and instil confidence, we conducted the following enrichment programmes:

- Conducted election to select the members for children parliament
- Training for members of children parliament about protecting the earth at Eesa yoga center Namakkal.
- Frequent exposure visits
- Two-day Art therapy by Mr. C.D. Jain from Mumbai.
- A seminar on personality development by Dr.M.Thirunavukarasu for students of class 5th to 8th.



Special days that were pinned on the calendar

- School Parliament elections and club inauguration
- Medical Camp
- Environment Day
- Christmas Celebration
- Co-Curricular Activities
- Sports Day
- Competitions



Other activities that kept the children busy:

- Yoga, meditation and physical education for all classes to ensure physical fitness and mental sharpness
- Skating class for the children from IV to VIII to keep themselves active
- Karate classes to promote competitive spirit and to bring out the talents of students
- Exposures to various places for children from KG to VIII std
- Conducted inter school chess competition among CBSE schools at TCA
- ART Therapy for nearly 50 children by Mr. C. D. Jain from Mumbai.
- Service training to our teachers by the management and CBSE Association



We adopt a monthly development theme at TCA ensuring the children are involved in various activities:

- Environment and International Yoga Day - June 2017
- Guess your class mates- July 2017
- Friendship and colors day- August 2017
- Nutrition day -September 2017
- Leaders day - October 2017
- Literacy day - November 2017
- Day of calligraphy - December 2017
- Day of Sharing - January 2018
- Spell well day - February 2018
- Parents - One day at TCA - March 2018



Credibility Alliance Norms Compliance

Governance

Executive Committee & Annual Gross Remuneration Paid

S. No	Name and Address	Designation	Gross Remuneration per annum(Rs.)
1	Mrs. N. Sumathi	President	Nil
2	Mr. Muthukumar	Vice President	Nil
3	Dr. A. Britto Selvaraj	Secretary	4,75,500/-
4	Ms. Punitha	Member	Nil
5	Mrs. P. Aathilakshmi	Member	Nil
6	Dr. B. Pricely Jayakumar	Member	Nil
7	Mr. A. Lawrence Santiago	Member	Nil

No travel reimbursements were made to Board members attending Board meetings.

Accountability and transparency

Distribution of Staff according to salary (as on March 31, 2017)

Salary	Male	Female	Total
<5000	1	0	1
5000 to 10000	3	15	18
10000 to 20000	10	25	35
Total	14	40	54

Remuneration of two highest paid employees:

Rs.16500/- Head of the Organization

Rs.14,300/- Project Coordinator

Remuneration of Lowest paid Staff members :

Rs.5000/- for Watchmen

Staff details as on March 31, 2017

Gender	Paid full time	Paid part time	Paid Consultants	Volunteers
Male	13	0	0	14
Female	29	15	0	55
Total	42	15	0	69

Total cost of International travel by all staff during the Year - Nil

Domestic travel by Secretary - Rs.62,968/-

Finance

Statement of Receipts & Payments Accounts for the Year Ended March 31, 2017

	2016 (Rs)	2017 (Rs)
Receipts		
To Opening Balance	1,177,200.09	5,493,421.28
To Total Fund Received	34,041,381.76	23,037,612.01
Total	35,218,581.85	28,531,033.29
Payments		
By Programme Expenses	29,725,160.57	26,270,984.88
By Closing Balance	5,493,421.28	2,260,048.41
Total	35,218,581.85	28,531,033.29

Statement of Income & Expenditure Accounts for the Year Ended March 31, 2017

	2016 (Rs)	2017 (Rs)
Income		
Indian Sources	9,130,605.00	10,021,737.00
Internatinal Sources	22,118,932.19	14,901,917.00
Bank Interest	108,680.07	112,723.06
Expenditure over income	583,686.36	2,199,472.87
Total	31,941,903.62	27,235,849.93
Expenditure		
Project Expenses	30,018,255.04	3,339,472.00
General & Management Expenses	1,923,648.58	23,896,377.93
Total	31,941,903.62	27,235,849.93

Balance Sheet as at March 31, 2017

	2015 (Rs)	2016 (Rs)
Liabilities		
Capital Funds	26,746,456.89	26,298,372.02
Ongoing projects Amount	4,721,653.05	715,849.05
The Childplan Academy	2,258,819.00	3,230,319.00
Total	33,726,928.94	30,244,540.07
Assets		
Fixed Assets	26,960,614.66	25,557,115.66
The Childplan Academy		
- Fixed Assets	1,212,893.00	2,367,376.00
- Deposit	60,000.00	60,000.00
Cash & Bank Balances	5,493,421.28	2,260,048.41
Total	33,726,928.94	30,244,540.07



Visit us

Please call us in advance to arrange a mutually convenient time

Registered Office

SSH – Society for Serving Humanity

Madurai Road, Sempatti Post

Dindigul - 624 707

Tamil Nadu, India.

Tel : +91 451 2913405

Email: brittoselvaraj2012@gmail.com

Web: www.sshdgl.org

Branch Office

SSH – Society for Serving Humanity

3/146m Thangayee Kovil Street

Kavetipatti Post

Namakkal District – 637 003

Tamil nadu, India.

Tel : +91 7402656422

Email. secretary@sshdgl.org

School

The ChildPlan Academy

CBSE School

Affiliation Code No. 1930669

Pottanam Post

Minnampalli Panchayat

Namakkal District – 637 019

Tamil Nadu, India

Tel: +91-4286-245405, 245406

Email: childplanacademy@gmail.com

Web: www.childplanacademy.org

All names changed to protect identity